



British Columbia Amateur Hockey Association

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BC Hockey is proud to present an opportunity to deliver a hockey curriculum within your District. Our organization, responsible for all youth hockey programming in the province, has for years relished the possibility of partnering with the school system to introduce Canada's National Game to BC students. These thoughts came to action three years ago when program design began.

Our program continues to unfold three important components of interest to the school curriculum.

- 1) An on-ice program
- 2) A gym-based program
- 3) A classroom based program

Last season BC Hockey posted curriculums and support material for both the on-ice and gym based programs for free download on the BC Hockey website. It continues to be our hope that by sharing our resources free of charge that all schools in BC will be able to access our products and seriously consider these programs as an important component of the school year.

To access this material log on to www.bchockey.net . Click "Special Programs" on the left hand menu. Then click "In Our Schools". Scroll to RESOURCES to access any documents of interest.

This season BC Hockey is beginning the production of a resource listing hockey based classroom activities, exercises, problems or, quizzes. Our intention is to compile the responses received on our website for any teacher to download and use.

What we need is teacher submissions! Teachers are encouraged to send their hockey classroom activities along with the applicable grade to the address listed below. The more submissions received, the better the resources! We will acknowledge the writer in the resource posting.

As an added incentive we have a great equipment offer. The first 35 submissions will be awarded with 10 floor hockey sticks and a number of floor hockey balls to enhance your school programming. The sticks and balls will be shipped free of charge to the school indicated in the resource submission.

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Currently available for download from our web site;

K-8 Gym-based Program

The program is based on an instructional unit of 10 lessons for the gym or activity area. Four supplementary lesson plans are also included. Complete with “Key Instructional Points”, Lesson Plans and general program information, BC Hockey is confident that this K-8 unit is one that can be taught by any teacher. The program introduces the basic skills of hockey including stick handling, passing and shooting combined with minor games and scrimmages. Equipment includes the use of floor hockey sticks with both balls and felt / foam pucks.

The gym-based program joins the on-ice program as teaching options for consideration. The on-ice program continues to grow with the success of several schools around the province. Following is a brief outline of this component.

On – Ice Program

The program involves six on-ice sessions formatted into a teaching unit. We suggest that these sessions each be 45 minutes of on-ice activity. A unit could easily be taught once a week for six weeks or by using two or three ice sessions per week. Three levels of curriculum are developed: Primary – Kindergarten to Grade 3, Intermediate – Grade 3 to Grade 7 / 8 and Secondary – Grade 8 / 9 to Grade 12. Each on-ice session is easily adaptable to the various hockey skill levels of the students by breaking the ice into stations. The program has been successful with up to 70 students on the ice at one time in Primary!

As a package we are confident we have now produced two programs:

- That demonstrates a partnership with the school district, the school, the community and BC Hockey.
- That can be made available to urban and rural, male and female, diverse ethnic groups and disabled students.
- That uses the Ministry of Education’s Physical Education Learning outcomes.
- Where achievement indicators match the Physical Education Draft Curriculum.
- Where classroom teachers may use the snapshot rubric of the curriculum’s Active Living, Movement and Safety, and Fair Play and Leadership learning outcomes.
- That will increase physical activity and promote a healthy lifestyle in schools.
- That offers instruction and skill development at the ability level of students.
- That encourages classroom teachers to be creative with ideas and activities

The on-ice version BC Hockey, a volunteer based organization, has recognized the valued time it takes to administrate programming so has eased the burden by producing many of the administration components, from permission letters to checklists to student assessment scales, the program attempts to lessen the administration demands without missing necessary requirements. In the plans are expanded web based program resources which will lead to an array of classroom and gym activities. Also included will be ideas to enhance instructor capabilities.



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In both the on-ice and gym-based programs, to assist the implementation process, BC Hockey has trained District Liaisons in each of the BC Hockey Districts (Vancouver Island, Lower Mainland (3), Okanagan, West Kootenays, East Kootenays, North West, North Central and North East). These volunteers are willing to assist schools in program set up including presentations to the school or the District, co-operating with local hockey associations and best practices as observed in the operation of the pilots.

BC Hockey strongly believes that our organization and the school system value the same foundational principles: healthy children through education, activity and fun. We hope this letter stimulates interest in your District. If it does please email info@bchockey.net so that we can contact you with more information. Also please feel free to access our web based products to initiate your BC Hockey In Our Schools program.

We wish you the greatest success this school year, and welcome any feedback you can provide on this initiative!

Your truly,

Robin Douville,
BC Hockey Officer at Large

